

Henoch-Schönlein Purpura (HSP)

Information for parents and carers



Your child has been diagnosed with Henoch-Schönlein Purpura (HSP). This information sheet is intended to answer some of the questions you may have.

What is HSP and who gets it?

It is an inflammation of the small blood vessels. It is more common in boys than girls and mostly affects children between the age of 2 - 11 years.

What causes HSP?

The exact cause is unknown but it is not infectious and often occurs after a simple infection and is related to an abnormal response of the immune system.

What are the symptoms?

HSP mainly affects the skin causing a rash that may look like bruising, it often develops on the lower legs and ankles but can be around the buttocks and arms as well.

Other symptoms may include:

- joint pain and also tummy pain
- inflammation of the kidneys which may cause the urine to contain blood and protein
- diarrhoea, some children may develop blood in their bowel motions
- headaches
- lack of energy
- mild fever.

Is it serious?

HSP usually improves on its own although very rarely there can be complications and that is why it is important that any further appointments your child has been given are kept.

What tests may be performed?

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Treatment

Your child's urine will be tested to see if there is any protein or blood present. You may also be asked to test your child's urine at home, don't worry about this as you will be shown how to do it. A blood test may also be taken. Your child's blood pressure will be checked, as occasionally the fine vessels of the kidneys can also be inflamed.

How long will it last?

HSP usually settles within a month, rarely it can return and should this happen your child will need to be seen again.

Will my child receive any follow up?

Often your child will be seen in clinic just to check on their progress.

What should I do if I have any concerns after I take my child home?

If you have any concerns after you have taken your child home, please contact your GP. If you are worried about your child's condition and consider it an emergency please call for an ambulance or take your child to the Accident and Emergency Department.

If your child was admitted and you require some advice within 24 hours of discharge please contact the children's ward.

Do you require a special edition of this leaflet?

This leaflet is available in large print, Braille, electronically and in other languages on request. Please contact the Patient Experience Team on telephone 01244 366066 or email coch.patientexperience@nhs.net

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若是你想索取這份傳單的中文譯本，請聯絡「病人預約中心」或向其中一名職員查詢。

Si vous voulez cette brochure en français, contactez le bureau des rendez-vous ou demandez à un membre du personnel.

यदि आप यह पत्रचा हिन्दी में लेना चाहते हैं तो कृपया पेशेन्ट अॅपाइन्टमेन्ट सेन्टर से संपर्क करें या किसी स्टाफ से पूछें।

Haddii aad jeclaan laheyd buug-yarahan oo af-Soomaali ku qoran la soo xiriir xarruunta bukaan ballaminta ama wax weydii xubin shaqaalaha ka tirsan.

Si desea recibir este folleto en español, sírvase contactar al Centro de Citas para Pacientes o solicitarlo al personal.

اگر آپ کو یہ کتابچہ اردو میں درکار ہے تو پبلسٹ اپوائنٹمنٹ سینٹر یا عملے کے کسی رکن سے رابطہ قائم کریں۔

Mae'r daflen hon ar gael (ar gais), mewn print bras, ar dâp sain neu ar ddisg, ac efallai mewn ieithoedd eraill ar gais. Cysylltwch â chanolfan apwyntiadau cleifion i ofyn am gopi.

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